

Richard F Armenta, PhD, MPH

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**RICHARD F ARMENTA, PHD, MPH**

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**CURRICULUM VITAE**  
(August 2017)

**PRESENT POSITIONS** Assistant Professor, Kinesiology  
California State University, San Marcos  
College of Education, Health and Human Services

Assistant Adjunct Professor  
UC San Diego School of Medicine  
Family Medicine and Public Health

Research Director-Student Development Program  
CA Native American Research Centers for Health

**PERSONAL**

Email [rarmenta@csusm.edu](mailto:rarmenta@csusm.edu)  
Office Phone: (760) 750-7364  
Foreign Languages Conversational in Spanish

**EDUCATION**

**Doctor of Philosophy (2015)**  
Emphasis: Public Health-Epidemiology  
University of California, San Diego/ San Diego State University

**Master of Public Health in Epidemiology (2011)**  
San Diego State University, Graduate School of Public Health

**Master of Arts in Latin American Studies (2011)**  
San Diego State University, Center for Latin American Studies

**Bachelor of Science Degree in Biology (2008)**  
**Bachelor of Arts Degree in Psychology (2008)**  
University of California, San Diego

**PROFESSIONAL POSITIONS**

Assistant Professor, Kinesiology (Health Science)  
California State University, San Marcos  
College of Education, Health and Human Services

Epidemiologist

**Richard F Armenta, PhD, MPH**

Naval Health Research Center  
May 2015-present

Assistant Adjunct Professor  
UC San Diego School of Medicine  
Family Medicine and Public Health  
November 2015-present

California Native American Research Centers for Health  
Research Director-Student Development Program  
May 2013-Present

UC Presidents Diversity Dissertation Fellow  
University of California, San Diego  
September 2014-June 2015

Division of Global Public Health, Department of Medicine, University of California,  
San Diego  
August 2012-August 2014  
Graduate Student Researcher IV

Division of Global Public Health, Department of Medicine, University of California,  
San Diego  
NIDA T32 Trainee/ Research Assistant IV  
August 2011-August 2012

Predictive Science Inc.  
Data Analyst  
August 2011-August 2012

California Department of Public Health, Early Warning Infectious Disease  
Surveillance Program  
Project Assistant  
February 2011-December 2011

California Department of Public Health-Office of Binational Border Health  
Project Assistant  
August 2010-August 2011

San Diego County Public Health Office, Immunization Branch  
Student Intern  
January 2009-May 2009

**Richard F Armenta, PhD, MPH**

## **FUNDED RESEARCH**

UC San Diego Office of the Vice Chancellor for Equity, Diversity, and Inclusion (2016-2017). Improving Course outcomes using a structured and active learning course intervention. Total amount of award: \$18,000- Role: Principal Investigator

UC Global Health Initiative, UC San Diego (2016). A qualitative study of health needs and health service utilization among deported U.S. military veterans in Tijuana, Mexico. Total amount of award: \$9,300- Role: Co-Investigator

## **FELLOWSHIPS**

- 2014 University of California President's Dissertation Year Diversity Fellowship (\$22,000)
- 2014 Hispanic Centers of Excellence Fellowship (\$1,300)
- 2012 Diversity Supplement, National Institute on Drug Abuse (\$56,000)
- 2012 Hispanic Centers of Excellence Fellowship (\$1,000)
- 2011-2012 T32 Pre-Doctoral Fellowship Training Grant, National Institute on Drug Abuse (\$22,000)

## **TEACHING**

### **Courses Taught as Instructor or Co-Instructor of Record**

- Spring 2017 **Instructor of Record, UC San Diego**, Foundations of Public Health, FPMU 40-Undergraduate
- Fall 2016 **San Diego State University**, Scientific Writing for Capstone, PH 700a-Graduate
- Fall 2016 **Co-Instructor of Record, UC San Diego**, Teaching Methods in Public Health, FMPH 509-Graduate
- Fall 2015 **Co-Instructor of Record, UC San Diego**, Teaching Methods in Public Health, FMPH 509-Graduate
- Summer 2014 **Instructor of Record, UC San Diego**, Introduction to Statistical Analysis, COGS 14B-Undergraduate
- Spring 2013 **Co-Instructor of Record, San Diego State University**, Statistical Analysis Using SAS, PH-700a-Graduate

**Richard F Armenta, PhD, MPH**

**Courses Taught as a Guest Lecturer or Small Group Facilitator**

- Fall 2015      **San Diego State University**, International Health, Advanced Data Management, PH 626-Graduate
- Fall 2015      **San Diego State University**, International Health, Conducting Research in Resource Poor Settings, PH 626-Graduate
- Fall 2015      **Small Group Facilitator, UC San Diego School of Medicine**, Epidemiology, Biostatistics, and Medical Informatics for Medical Students, Medical Student
- Fall 2014      **San Diego State University**, International Health, Survey Design and Data Management, PH 626-Graduate
- Fall 2014      **Small Group Facilitator, UC San Diego School of Medicine**, Epidemiology, Biostatistics, and Medical Informatics for Medical Students, Medical Student
- Fall 2013      **Guest Lecturer, San Diego State University**, Statistical Analysis Using SAS (Linear Regression)
- Fall 2013      **Guest Lecturer, San Diego State University**, Statistical Analysis Using SPSS (Descriptive Statistics)
- Fall 2013      **Guest Lecturer, San Diego State University**, Statistical Analysis Using SAS (Data manipulation and descriptive data)
- Fall 2013      **Guest Lecturer, San Diego State University**, Statistical Analysis Using SAS (t-tests, ANOVA, and linear regression)
- Fall 2013      **Guest Lecturer, San Diego State University**, Statistical Analysis Using SAS (Logistic regression)

**Courses as a Teaching Assistant**

- Spring 2014      **Teaching Assistant, UC San Diego FPMU 101A-**  
Epidemiology and Biostatistics
- Winter 2014      **Teaching Assistant, UC San Diego FPMU 101A-**  
Epidemiology and Biostatistics

## **Richard F Armenta, PhD, MPH**

- Fall 2013            **Teaching Assistant and Small Group Facilitator, UC San Diego School of Medicine**, Epidemiology, Biostatistics, and Medical Informatics for Medical Students
- Fall 2013            **Teaching Assistant, UC San Diego**, FPMU 50-Public Health and Primary Care
- Fall 2012            **Teaching Assistant and Small Group Facilitator, UC San Diego School of Medicine**, Epidemiology, Biostatistics, and Medical Informatics for Medical Students

## **RESEARCH PUBLICATIONS**

### **Peer-Reviewed Publications**

1. **Armenta, R.F.**, Rush T, LeardMann CL, Millegan J, Cooper A, Hoge C. (2017) Factors associated with Persistent PTSD among Military Service members. Submitted to *BMC Psychiatry*. In Press.
2. Horyniak, D., Wagner, K.D., **Armenta, R.F.**, Cuevas-Mota, J., Hendrickson, E., Garfein R.S. (2017). Cross-border injecting drug use and HIV and hepatitis C virus seropositivity among people who inject drugs in San Diego, California. *International Journal of Drug Policy*. In Press.
3. **Armenta, R. F.**, Collins, K., Cuevas-Mota J., Strathdee S.A., Garfein R.S. Prevalence and Correlates of *Mycobacterium Tuberculosis* among Persons Who Inject Drugs in San Diego, CA (2016). *International Journal of TB and Lung Disease*. In Press.
4. Roth, A. M., **Armenta, R. F.**, Wagner, K. D., Strathdee, S.A., Goldshear, J.L., Cuevas-Mota, J., Garfein, R.S (2016). Prevalence and Correlates of Preparing Heroin Without Heat in a West Coast Drug Market. *Substance Use and Misuse*. In Press.
5. Roth, A. M., Rossi, J., Goldshear, J.L., Truong, Q., **Armenta, R. F.**, Lankenau, S.E., Garfein, R.S., & Simmons, J. (2016). Potential Risks of mHealth Research: An exploration of perceptions among persons who inject drugs. *Substance Use and Misuse*. In Press.
6. Collins, K. M., **Armenta, R. F.**, Cuevas-Mota, J., Liu, L., Strathdee, S.A., & Garfein, R. S. (2016). Factors Associated With Patterns of Mobile Technology Use Among Persons Who Inject Drugs. *Substance abuse*, (just-accepted), 00-00. PMID: 27092425
7. Meachem M., Strathdee S.A., **Armenta R.F.**, Gaines T.M., Garfein R.S. (2015) Prevalence and Correlates of Heroin-Methamphetamine Co-injection

**Richard F Armenta, PhD, MPH**

in Two Parallel Cohorts of Persons Who Inject Drugs in San Diego, CA, and Tijuana, BC, Mexico. *Journal of Studies on Alcohol and Drugs*. 77(5), 774-781.

8. Crum-Cianflone, N.F., Frasco, M. A., **Armenta, R. F.**, Phillips, C.J., Horton, J., Ryan, M.A., ... & LeardMann, C.L. (2015). Prescription Stimulants and PTSD Among US Military Service Members. *Journal of traumatic stress*, 28(6), 585-589. PMID: 26536373.
9. Siddiqui, S.S., **Armenta, R. F.**, Evans, J. L., Yu, M., Cuevas-Mota, J., Page, K., ... & Garfein, R. S. (2015). Effect of legal status of pharmacy syringe sales on syringe purchases by persons who inject drugs in San Francisco and San Diego, CA. *International Journal of Drug Policy*, 26(11), 1150-1157. PMID: 26252980.
10. **Armenta, R. F.**, Roth, A. M., Wagner, K. D., Strathdee, S. A., Brodine, S. K., Cuevas-Mota, J., ... & Garfein, R. S. (2015). Prevalence and Correlates of the Use of Prefilled Syringes Among Persons Who Inject Drugs in San Diego, CA. *Journal of Urban Health*, 92(6), 1081-1091. PMID: 26382653.
11. Wagner, K. D., Liu, L., Davidson, P. J., Cuevas-Mota, J., **Armenta, R. F.**, & Garfein, R. S. (2015). Association between non-fatal opioid overdose and encounters with healthcare and criminal justice systems: Identifying opportunities for intervention. *Drug and alcohol dependence*, 153, 215-220. PMID: 26091751.
12. **Armenta, R.F.**, Abramovitz D., Lozada R., Strathdee S.A. (2015) Correlates of Perceived Risk of HIV among Injection Drug Users in Tijuana, Baja California, Mexico. *Salud Publica*, 57 Suppl 2:s107-12.
13. **Armenta, R. F.**, Kritz-Silverstein, D., Wingard, D., Laughlin, G. A., Wooten, W., Barrett-Connor, E., & Araneta, M. R. (2015). Association of breastfeeding with postmenopausal visceral adiposity among three racial/ethnic groups. *Obesity*, 23(2), 475-480. PMID: 25522135.
14. Roth, A. M., **Armenta, R. F.**, Wagner, K. D., Roesch, S. C., Bluthenthal, R. N., Cuevas-Mota, J., & Garfein, R. S. (2015). Patterns of drug use, risky behavior, and health status among persons who inject drugs living in San Diego, California: a latent class analysis. *Substance use & misuse*, 50(2), 205-214. PMID: 25312832.
15. Collier, M.G., Bhaurla ,S.K., Cuevas-Mota, J, **Armenta, R.F.**, Teshale, E.H., Garfein, R.S. (2015). Awareness of hepatitis C virus infection among persons who inject drugs. *American Journal of Public Health*, 105(2):302-3. PMID: 25521877, doi: 10.2105/AJPH.2014.302245

## **Richard F Armenta, PhD, MPH**

16. Wagner, K. D., **Armenta, R. F.**, Roth, A. M., Maxwell, J. C., Cuevas-Mota, J., & Garfein, R. S. (2014). Use of synthetic cathinones and cannabimimetics among injection drug users in San Diego, California. *Drug and alcohol dependence*, 141, 99-106; PMID: 24916748.
17. Riley, P., Ben-Nun, M., **Armenta, R. F.**, Linker, J. A., Eick, A. A., Sanchez, J. L., ... & Riley, S. (2013). Multiple estimates of transmissibility for the 2009 influenza pandemic based on influenza-like-illness data from small US military populations. *PLoS Comput Biol*, 9(5), e1003064. PMID: [23696723](#); [10.1371/journal.pcbi.1003064](https://doi.org/10.1371/journal.pcbi.1003064)

### **Publications Currently Under Review**

18. Horyniak, D., Bojorquez, I., Davidson, P., **Armenta, R.F.** Deportation of Non-Citizen U.S. Military Veterans: Implications for the right to health. Submitted to *American Journal of Public Health*. February 2017.
19. **Armenta, R.F.**, Laniado-Laborin R., Rodwell T., Cuevas-Mota J, Zonana A., Cerecer-Callu, P, Burgos J.L., Garfein R. S. Care-Seeking Delay among Newly Diagnosed Tuberculosis Patients in Tijuana, Baja California, Mexico. Submitted to *Salud Publica de Mexico*, December 2016.
20. Bensley, K.M., **Armenta, R.F.**, Seeling, A.D., Williams, E.C., Rivera, A.C., Peterson, A. V., Boyko, E. J., Longitudinal Examination of Individual Posttraumatic Stress Disorder Symptoms and Clusters of Symptoms on the Initiation of Cigarette Smoking. *Submitted to BMJ Tobacco Control*, January 2016.
21. Seeling, A. D., **Armenta, R.F.**, Bensley, K.M., Williams, E. C., Rivera, A.C., Peterson, A. V., Boyko, E. J., Posttraumatic Stress Disorder Symptoms Clusters and Individual Symptoms and Initiation of Risky and Problem Drinking. *Submitted to Alcohol and Drug Abuse*, January 2016.
22. Porter, B., Kolaja, C., Powell, T., Pflieger, J., **Armenta, R.F.** Reducing the Length of the Multidimensional Scale of Perceived Social Support. Submitted to *Journal of Clinical Psychology*, January 2016.

### **Publications currently in progress**

1. **Armenta, R. F.**, Wagner, K.D., Roth, A.M., Cuevas-Mota, J., Garfein, R.S. Patterns of change of prefilled syringe use among PWID in San Diego. Will submit to *Drug and Alcohol Dependence*, February 2016.

## **Richard F Armenta, PhD, MPH**

2. **Armenta, R. F.**, Walter, K.J., LeardMann, C.A. Co-morbid PTSD and Depression Trajectories among Active Duty and Veteran Military Service Members. Will submit to Journal of Traumatic Stress, February 2016.

### **RESEARCH PRESENTATIONS**

1. **Armenta, R.F.**, Rush T., LeardMann C.L., Millegan J., Cooper A., Hoge C. Factors associated with Persistent PTSD among Military Service members. Society of Behavioral Medicine Conference, March 2017.
2. Felicitas-Perkins, J.Q., Sakuma, K., Blanco, L., Fagan, P., Perez-Stable, E.J., Xie, B., **Armenta, R.F.**, Trinidad, D.R. Comparing smoking behaviors between Hispanic/Latino nationality groups in the United States. Society of Behavioral Medicine Conference, March 2017.
3. Horyniak, D., Bojorquez, I., Davidson, P., **Armenta, R.F.** Deportation of U.S. Military Veterans to Tijuana, Mexico: Implications for the right to health. Binational Conference on Border Issues, November 2016.
4. Horyniak, D., Wagner, K.D., **Armenta, R.F.**, Cuevas-Mota, J., Hendrickson, E., Garfein R.S. Cross-border injecting drug use, injecting risk behaviours and blood-borne virus infections among a cohort of people who inject drugs in San Diego, California. Harm Reduction Conference, November 2016.
5. **Armenta, R.F.**, Lofton, G., Brodine, S.K. Impacting Native American Students Success in STEM: CA-NARCH Student Development Program. California Indian Conference, October 2016.
6. **Armenta, R.F.**, Calac, D.G., Brodine, S.K. Improving Native American Students Success Through Relevant Research Experience. California Indian Conference, October 2016.
7. **Armenta, R.F.**, Brodine, S.K. Mentoring Native American Students Across Campuses. Native Research Network, June 2016.
8. **Armenta, R.F.**, Brodine, S.K. Native American Students in STEM: CA-NARCH Student Development Program. SACNAS 2015 all NARCH meeting.
9. **Armenta, R.F.**, Brodine S.K. Impacting American Indian Students Success in STEM: CA-NARCH Student Development Program. SACNAS 2015 all NARCH meeting.
10. **Armenta, R.F.**, Phillips, C.J., LeardMann, C.L.. Prescription Stimulants and PTSD among U.S. Military Service Members. Naval Health Research Center Research Symposium. September 2015.



**Richard F Armenta, PhD, MPH**

11. Roth, A.M., **Armenta, R.F.**, Wagner, K.D., Roesch, S.C., Bluthenthal, R.N., Garfein, R.S. Patterns of drug use, risky behavior, and health status among persons who inject drugs in San Diego, California. Oral Presentation at: 139<sup>th</sup> Annual Meeting of the American Public Health Association; November 2014; New Orleans, LA.
12. Muñoz, F.A., **Armenta, R.F.**, Cuevas-Mota, J., Wagner, K.D., Garfein, R.S. Drug Treatment Services Utilization and Correlates among Persons Who Inject drugs (PWID) Living in a U.S. City Bordering Mexico. Poster presented at the NIDA Diversity Supplement Workshop, Bethesda, MD, on April 10-11, 2014
13. Muñoz, F.A., **Armenta, R.F.**, Cuevas-Mota, J., Wagner, K.D., Garfein, R.S. Utilization of safe sources of sterile syringes among persons who inject drugs (PWID) in San Diego, CA. Submitted to Eighteen Annual United States Conference on AIDS (USCA) San Diego, CA, October 2-5, 2014
14. Garfein, R.S., **Armenta, R.F.**, Wagner, K.D., Cuevas-Mota, J., Munoz, F.A., Strathdee, S.A. Drug tourism to Mexico among injection drug users from the United States. Poster presentation at the College of Problems on Drug Dependence, San Diego, CA. June, 2013
15. Wagner, K.D., **Armenta, R.F.**, Cuevas-Mota, J., Strathdee, S.A., Garfein, R.S. Use of synthetic drugs among people who inject drugs in San Diego, CA. Oral Presentation at CPDD, on June 18, 2013.
16. **Armenta, R.F.**, Araneta, H., Kritz-Silverstein, D., Wooten, W., Barrett-Connor, E. Effects of breastfeeding among parous post-menopausal women from three ethnic groups. Oral Presentation at Epidemiology Research Exchange, San Diego, California, May 2013.
17. Ferran, K., **Armenta, R.F.**, Marikos, S., Iniguez-Stevens, E. Animal Health Providers Network Database and Directory. Poster Presentation, BIDS Annual Conference. El Paso, Texas, June 2011.
18. **Armenta, R.F.**, Abramovitz, D.A., Lozada, R., Lindsay, S., Perez, R., Lemus, H., Strathdee, S.A. Correlates of Perceived Risk of HIV among Injection Drug Users in Tijuana, Baja California, Mexico. Oral Presentation at Epidemiology Research Exchange, San Diego, California, April 2011.
19. Aldridge, N., **Armenta, R.F.**, Cuevas, J., Burgos, J., Garfein, R.S. Provider Knowledge, Attitudes, and Practices Regarding Drug Resistant Tuberculosis Care in Tijuana, Baja California, Mexico. Poster presentation at UCSD Division of Global Public Health, January 2011.

**Richard F Armenta, PhD, MPH**

20. **Armenta, R.F.**, Sotomayor, S. Rocky Mountain Spotted Fever in San Quentin, Baja California, Mexico. Oral presentation at Student Research Symposium, San Diego State University, March 2010.

**OTHER REPORTS AND PUBLICATIONS**

1. **Armenta, R.F.**, Phillips, C., LeardMann, C.L. Invited blog post: Prescription Stimulants and PTSD. ISTSS Trauma Blog. December 2015.
2. Welton, M., **Armenta, R.F.**, Martinez, A., LaFuente, C., Fernandez, A. Southern California Promotores (Community health workers) Needs Assessment, San Diego and Imperial Counties, 2010-2011. California Office of Binational border Health. 2011.  
<http://www.cdph.ca.gov/programs/cobbh/Documents/Promotores%20Needs%20Assessment22712.pdf>
3. Welton, M., **Armenta, R.F.**, Dumbauld, J., Fernandez, A. 2010 Health status in the California border region. California Office of Binational Border Health.  
[http://www.cdph.ca.gov/programs/cobbh/Documents/COBBH%20%20Health%20Status%20in%20CA%20Border%20\(02-27-12\).pdf](http://www.cdph.ca.gov/programs/cobbh/Documents/COBBH%20%20Health%20Status%20in%20CA%20Border%20(02-27-12).pdf)
4. **Armenta, R.F.**, Welton, M., Fernandez, A. Overweight and obesity rates and trends in California border counties. Health Brief by the California Office of Binational border Health. Posted July, 2011.  
<http://www.cdph.ca.gov/programs/cobbh/Documents/Obesity%201-page%20Brief%20SPNandENG%202011%20-%20Final.pdf>
5. **Armenta, R.F.**, Welton, M., Fernandez, A. Diabetes in California border communities. Health Brief by the California Office of Binational border Health. Posted July, 2011.  
<http://www.cdph.ca.gov/programs/cobbh/Documents/Diabetes%201-page%20Brief%20SPNandENG%202011%20-Final.pdf>

**UNIVERSITY SERVICE**

- |           |   |
|-----------|---|
| 2015-2017 | Member: Steering and Accreditation Committee<br>UC San Diego Bachelors in Science in Public Health Program<br>Subcommittees: Outreach and Evaluation<br>Chair: Evaluation Committee |
| 2011-2015 | Student Representative: Joint Doctoral Program in Epidemiology  |

**OTHER SERVICE**

2016	Student and Faculty Scholarship Coordinator, Western Users of SAS Software Conference
2016-	Reviewer, Clinical Infectious Disease
2015-	Reviewer, Science and Technology
2015-	Reviewer, Journal of Urban Health
2015-	Reviewer, Drug and Alcohol Dependence
2015-	Reviewer, American Journal of Public Health

**PROFESSIONAL ORGANIZATIONS**

2015-Present	Wester Users of SAS Software
2012-Present	Society for Advancement of Hispanic/Chicanos and Native Americans in Science (SACNAS)
2011-Present	Delta Omega Sigma Chapter, Honorary Society of Public Health
2010-Present	American Public Health Association

**AWARDS**

Junior Professional Award, Western Users of SAS Software, 2015

Outstanding Graduating Graduate Student-San Diego State University, 2015

Outstanding TA Award-UC San Diego Bachelor of Science in Public Health  
Program, 2013-2014 school year

SACNAS Travel Scholarship, 2014

Student Research Award- San Diego Epidemiology Research Exchange, 2013

**STUDENT RESEARCH MENTORSHIP**

2014-Present	Alex Esquivel (Pala band of Luiseño Indians) MPH: Epidemiology Mentor for MPH practicum
2014-2016	Tenaya Siva (Luiseño) MPH: Epidemiology Thesis committee member

**Richard F Armenta, PhD, MPH**

2015-2016	Claire Kolaja MPH: Epidemiology Mentor for independent research project
2013-2015	Natasia Courchesne MPH: Health Behavior, SDSU Supplemental thesis committee member
2014-2016	Severne Heredia (Luiseño) BS: Kinesiology/Biomedical Sciences, CSUSM Mentor for independent research project
2014-2015	Justin Ellsworth BS: Public Health, UCSD Mentor for independent research project
2013-2014	Sara Hanson MA: Exercise Science, SDSU Mentor for independent research project
2011-2012	Sarah Marikos MPH: Epidemiology, SDSU Assisted with thesis and career advising