
Daniel R. Berry, PhD

Curriculum Vitae

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Website: SAP Lab Link

EDUCATION

- 2012 – 2017 DOCTOR OF PHILOSOPHY, General Experimental Psychology, Virginia Commonwealth University, Richmond, Virginia
Dissertation: *Bridging the empathy gap: Can brief mindfulness training increase helping outgroup members in need?*
- 2009 – 2011 MASTER OF ARTS, Experimental Psychology, East Tennessee State University, Johnson City, Tennessee
Thesis: *Paradigm and mindfulness-based attentional manipulations improve P300-based brain-computer interface performance*
- 2004 – 2008 BACHELOR OF SCIENCE, Psychology, Christopher Newport University, Newport News Virginia

ACADEMIC APPOINTMENTS

- 2017 – Present ASSISTANT PROFESSOR, Department of Psychology, California State University San Marcos, San Marcos, California
- 2016 – 2017 DOCTORAL DISSERTATION FELLOW, Graduate School, VCU, Richmond, Virginia
- 2012 – 2016 GRADUATE TEACHING ASSISTANT, Department of Psychology, VCU, Richmond, Virginia

TEACHING AND MENTORING

Instructor of record

- 2019 – Present PSYC 396, *Laboratory in Social Psychology*, Department of Psychology, CSUSM (2 face to face and 3 online lectures and labs; 24 undergraduates per section; supervised 4 graduate assistants)
- 2018 – Present PSYC 520, *Graduate Statistics*, Department of Psychology, CSUSM (3 face to face lectures and labs and 1 online lecture and lab; 12 – 17 graduates and undergraduates per section)
- 2017 – Present PSYC 220, *Introductory Statistics in Psychology*, Department of Psychology, CSUSM (5 face to face and 3 online lectures and labs; 39 undergraduates per section; supervised 4 graduate assistants)
- 2018 – Present PSYC 332, *Social Psychology*, Extended Learning Summer Course, CSUSM (2 face to face and 2 online lectures; 25 undergraduates per section)

- 2017 – 2019 PSYC 550, *Proseminar in Social/Personality Psychology*, Department of Psychology, CSUSM (2 face to face seminars; 8 – 12 graduates per section)
- 2018 PSYC 351, *Social Cognition*, Department of Psychology, CSUSM (2 face to face lectures; 45 undergraduates per section)
- 2013 – 2017 PSYC 214, *Applications of Statistics to Psychology*, Department of Psychology, VCU (8 face to face lectures and 3 labs; 15 – 28 undergraduates per section; supervised 4 graduate teaching assistants)
- 2016 PSYC 214, *Applications of Statistics to Psychology*, Department of Psychology Summer Course, VCU (1 face to face lecture of 96 undergraduates; supervised 2 graduate teaching assistants)
- 2014 PSYC 321, *Social Psychology*, Department of Psychology Summer Course, VCU (1 face to face lecture; 30 undergraduates)

Lab instructor

- 2012 – 2015 PSYC 214, *Application of Statistics to Psychology*, Department of Psychology, VCU (15 face to face labs; 20 – 25 undergraduates per section)
- Spring 2011 PSYC 3201, *Research Methods in Psychology*, Department of Psychology, ETSU (1 face to face lab; 25 undergraduates)

Mentoring

- 2021 – Present Mentor, Karissa Tran, *Undergraduate Research Initiative for Scientific Enhancement (U-RISE) Program*, Office for Training, Research and Education in the Sciences, CSUSM, NIH/NIGMS funded
- 2021 – Present Thesis Chair, Kaylee Ryan, Master of Arts in Psychological Science, Department of Psychology, CSUSM (proposal topic to be determined)
- 2020 – Present Thesis Chair, Katie Rodriguez, *Enhancing empathy in interracial dyads through mindfulness and perspective giving*, Master of Arts in Psychological Science, Department of Psychology, CSUSM (proposal forthcoming)
- 2020 – Present Mentor, Jessah Goldner, *TRIO McNair Scholars Program*, CSUSM
- 2018 – Present Thesis Chair, Jonathan Hoerr, *Are effects of mindfulness on prosocial behavior moderated by individual differences in social goals?* Master of Arts in Psychological Science, Department of Psychology, CSUSM (proposed, 2021)
- 2018 – Present Thesis Chair, Larry Boman, *Can awe buffer the effect of mortality salience on cultural worldview defense?* Master of Arts in Psychological Science, Department of Psychology, CSUSM (proposed, 2021)
- 2019 – 2020 Thesis Chair, Gin Tasulis, MA, *Uncovering the relation between adversity and altruism: Can difficult roads lead to beautiful destinations?* Master of Arts in Psychological Science, Department of Psychology, CSUSM (MA conferred, 2021)
- 2018 – 2019 Mentor, Daisy Zavala, *Maximizing Access to Research Careers-Undergraduate Student Training Research (MARC U*STAR) Program*, Office for Training, Research and Education in the Sciences, CSUSM

- 2017 – 2020 Mentor, Juan Lopez and Kimber Thurman, *Faculty Mentoring Program*, Faculty Center, CSUSM
- 2017 – 2019 Mentor, Wesley Walters, *Career Mentoring Network*, College of Humanities, Arts, Behavioral and Social Sciences, CSUSM
- 2014 – 2015 Mentor, Antione Calfat, *Graduate Student Mentorship Program*, VCU Graduate School

Former trainees

¹Trained at CSUSM; ²Trained at VCU

- 2017 – 2021 Gin Tasulis¹, MA, Lecturer at California State University San Marcos and Palomar College
- 2020 – 2021 Theresa Ngan Nguyen¹, MA Student, Psychology, San Diego State University
- 2020 – 2021 Catalina Kuenzi¹, PsyD Student, Alliant University School of Professional Psychology
- 2019 – 2021 Gianni Voytilla¹, MA Student, Deaf Studies, Gallaudet University
- 2019 – 2020 Claudia Salzar¹, MA Student, Aging Services Management, University of Southern California, Leonard Davis School of Gerontology
- 2019 – 2020 Anthony Musick¹, MA Student, Counseling, Pacifica
- 2019 – 2020 Daniel Brock¹, MA Student, Industrial/Organizational Psychology, California State University, San Bernardino
- 2019 – 2020 Pearl Basaldua¹, MA Student, Clinical Mental Health Counseling Program, University of San Diego
- 2018 – 2020 Hannah Zirzow¹, JD Student, Gould School of Law, University of Southern California
- 2017 – 2020 Wesley Walters¹, MS Student, Counseling Psychology, California State University, East Bay
- 2018 – 2019 Daisy Zavala¹, PhD Student, Social and Health Psychology, Stony Brook University
- 2018 – 2019 Itzia Plascencia¹, PsyD Student, Alliant University School of Professional Psychology
- 2018 – 2019 Selena Cesko¹, MEd Student, Education, Colorado State University
- 2018 – 2019 Amir Alayoubi¹, PhD Student, Molecular, Cellular, and Integrative Neuroscience Program, Colorado State University
- 2016 – 2017 Daniel Bustamante², PhD Student, Virginia Institute for Psychiatric and Behavioral Genetics
- 2015 – 2017 Catherine Wall², PhD Student, Health Psychology, Virginia Commonwealth University
- 2015 – 2017 Paul Plonski², PhD Student, Psychology, Tufts University
- 2015 – 2017 Savannah Clements², MA Student, Teachers College of Columbia University
- 2015 – 2017 Justin Tubbs², PhD Student, Behavioral Genetics and Biostatistics, University of Hong Kong

- 2014 – 2016 Tyler Henderson², PhD Student, Industrial/Organizational Psychology, South Florida University
- 2013 – 2015 Danielle Parada², PhD, Applied Developmental Psychology, George Mason University
- 2013 – 2015 Donald Tweedie², MA, Human Factors, George Mason University

FUNDING

Completed

- 2020 Principal Investigator: Scholarship and Creative Activity Grant, Office of Graduate Studies and Research, CSUSM. *Does brief mindfulness training increase prosocial behavior through compassion? Identifying compassion mechanism via an experimental manipulation and event-related potential framework.* (\$2686.08)
- 2019 Principal Investigator: Course Redesign Grant, Faculty Center, CSUSM. *Course redesign for introductory statistics in psychology* (\$6000)
- 2017 – 2019 Principal Investigator: Faculty Development Grant, College of Humanities, Arts, Behavioral and Social Sciences, CSUSM. *Does mindfulness increase intergroup kindness? Minor equipment purchases for research and creative activities* (\$3,941.73 3 awards total)
- 2018 Principal Investigator: Grant Proposal Seed Money, Office of Graduate Studies and Research, CSUSM. *Testing event-related potential mechanisms of mindfulness training in promoting intergroup prosociality: equipment purchases to pilot test for future grant proposals* (\$3,150)
- 2014 – 2016 Principal Investigator: Varela Grant, Mind and Life Institute. *Bridging the empathy gap: Effects of brief mindfulness training on helping outgroup members in need* (\$15,000 direct)

Submitted

- 2021 Co-Investigator: One-time Supplemental Equipment Purchase, College of Humanities, Arts, Behavioral and Social Sciences, CSUSM. *Psychology Department request for Simulink eye tracker.* (\$36,150.30 funded)
- 2020 Principal Investigator: PEACE Grant, Mind and Life Institute. *Does mindfulness training attenuate racial bias in empathy* (\$100,000 unfunded)
- 2020 Principal Investigator: Summer Undergraduate Psychology Research Experience Grant, American Psychological Association. *CSUSM Summer Undergraduate Research Experience.* (\$30,106 unfunded)
- 2018 Principal Investigator: Headspace. *Does short-term mindfulness meditation training attenuate racial bias in empathy? Evidence from psychophysiological responses* (MOU for free digital service subscriptions)

2018

Principal Investigator: PEACE Grant, Mind and Life Institute. *Mindfulness training and a prejudice habit breaking intervention: Combining approaches to maximally attenuate racial bias in empathy* (\$100,000 unfunded)

SCHOLARSHIP

*Student Mentee

Peer-reviewed publications

- Berry, D. R.,** *Hoerr, J. P., *Cesko, S., *Alayoubi, A., *Carpio, K., *Zirzow, H., *Walters, W., *Scram, G., *Rodriguez, K., & *Beaver, V. (2020). Does mindfulness training without explicit ethics-based instruction promote prosocial behaviors? A meta-analysis. *Personality and Social Psychology Bulletin*, 46(8), 1247-1269. <https://doi.org/10.1177/0146167219900418>
- Kline, R. A. Vianello, M., Hasselman, F., Adams, B. G., Adams, R. B., Alper, S....**Berry, D. R.,** (13th author)....Nosek, B. A. (2018). Many labs 2: Investigating variation in replicability across sample and setting. *Advances in Methods and Practices in Psychological Science*, 1(4), 443—490. <https://doi.org/10.1177/2515245918810225>
- Berry, D. R.,** Cairo, A. H., Goodman, R. J., Quaglia, J. T., Green, J. D., & Brown, K. W. (2018). Mindfulness increases prosocial responses toward ostracized strangers through empathic concern. *Journal of Experimental Psychology: General*, 147(1), 93-112. <https://doi.org/10.1037/xge0000392>
- Lakey, C. E., **Berry, D. R.,** & Sellers, E. W. (2011). Manipulating attention via mindfulness induction improves P300-based Brain-Computer Interface performance. *Journal of Neural Engineering*, 8, 025019.
- Ryan, D. B., Frye, G. E., Townsend, G., **Berry, D. R.,** Mesa G., S., & Sellers, E. W. (2011). Predictive spelling with a P300-based brain-computer interface: Increasing the rate of communication. *International Journal of Human Computer Interaction*, 27(1), 69-84. <https://doi.org/10.1080/10447318.2011.535754>

Chapters in edited volumes

- Berry D. R.,** & Brown, K. W. (2017). Transcending separateness with presence: How mindfulness catalyzes intergroup harmony. In J. C. T. M. Karremans & E. Papies (eds.). *Handbook of mindfulness in social psychology*. NY: Routledge
- Brown, K. W., **Berry, D. R.,** & Quaglia, J. T. (2016). The hypo-egoic expression of mindfulness in interpersonal life. In M. R. Leary (ed.). *The Oxford handbook of hypo-egoic processes*. NY: Oxford University Press.

Invited to resubmit

- Berry, D. R.,** *Wall, C. S. J., *Tubbs, J. D., Zeidan, F., & Brown, K. W. (revised and resubmitted). Short-term training in mindfulness predicts helping behavior toward racial ingroup and outgroup members. *Social Psychological and Personality Science*
- Berry, D. R.,** *Rodriguez, K., & *Tasulis, V. (invited to resubmit). Skillful means toward intergroup compassionate action: A social cognitive framework on the potentials and limits of contemplative practices. *Mindfulness. Special Issue: Compassion and Skillful Means*

Brown, K. W., **Berry, D. R.**, Eichel, K., Rahrig, H., Britton, W. B. (invited to resubmit). Comparing impacts of meditation training in focused attention, open monitoring, and mindfulness-based cognitive therapy on emotion reactivity and regulation: Neural and subjective evidence from a dismantling study. *Psychophysiology*

Submitted

*Tasulis, V., & **Berry, D. R.** (under review). Severity of life adversity predicts altruistic motivation. *Emotion*

*Rodriguez, K., *Plascencia Ibarra, I., *Musick, A., *Hoerr, J., & **Berry, D. R.** (under review). Leveraging event-related potentials to study the dynamic affective and attention processes of compassion. *Social Neuroscience*

Berry, D. R., *Rodriguez, K., *Massey, A., *Wall, C. S. J., Cairo, A. H., *Plonski, P. E., & Brown, K. W. (in preparation; first submitted, 2019). Mindfulness instruction increases prosocial helping of an ostracized racial outgroup member.

Goodman, R. J., West, T. N., Cutler, J., & **Berry, D. R.** (in preparation; first submitted, 2019). The strength of seeing our shortcomings: Mindfulness reduces self-protective causal attributions.

Working papers

Behler, A., & **Berry, D. R.** (in preparation). When empathy creates conflict: A review of the current state of parochial empathy research and its role in intergroup relations. Topic accepted on-commission basis at *Social and Personality Psychology Compass*

*Goldner, J., & **Berry, D. R.** (in preparation). Does mindful attention training promote altruistic helping? A registered report. *Journal of Experimental Social Psychology*

*Ryan, K., *Tran, K., & **Berry, D. R.** (in preparation). Designing control groups to improve the internal validity of experiments on mindful attention training and prosocial outcomes.

CONFERENCE PRESENTATIONS

Symposia and Talks

*Zavala, D., & **Berry, D. R.**, (2019, March). *Dispositional mindfulness predicts lower parochial empathy*. Paper presented at the 2019 Symposium on Student Research, Creative Activities & Innovation, San Marcos, CA, USA.

Berry, D. R., & Brown, K. W., (2018, November). *Brief mindfulness training increases helping behavior toward racial outgroup members*. In R. J. Goodman (Chair), From nasty to neighborly: The intra- and interpersonal benefits of meeting disgust with mindfulness. Symposium presented at the International Symposium for Contemplative Research, Phoenix, AZ, USA.

Berry, D. R., (Chair), & Kiken, L. (Co-Chair) (2018, May). *Mindfulness and its training promote positive interpersonal outcomes*. Symposium presented at the 30th Annual Convention of the Association for Psychological Science, San Francisco, CA, USA.

Berry, D. R., & *Grajalva R. (2018, May). *Mindfulness promotes intergroup prosociality*. In D. R. Berry (Chair) & L. Kiken (Co-Chair), *Mindfulness and its training promote positive interpersonal outcomes*. Symposium presented at the 30th Annual Convention of the Association for Psychological Science, San Francisco, CA, USA.

Berry, D. R., & Brown, K. W. (2016, November). *The inherent kindness of presence: Brief mindfulness training catalyzes prosocial responses across social lines*. Paper presented at the International Symposium for Contemplative Studies, San Diego, CA, USA.

Brown, K. W., & **Berry, D. R.** (2016, June). *From me to we: The hypo-egoic expression of mindfulness in social life*. Symposium presented at the 6th International Conference on Self-Determination Theory, Victoria, British Columbia, Canada.

Brown, K. W., & **Berry, D. R.** (2015, March). *Compassion in a state of present-centered awareness: How mindfulness catalyzes sensitivity toward others*. Symposium presented at the 2015 Living Compassion Conference, Northern Arizona University, Flagstaff, AZ, USA.

Posters (selected)

*Tran, K., **Berry, D. R.**, (2021, April). *Does mindfulness promote prosocial responses toward dissimilar others?* Poster presented at the annual CSUSM Psychology Department Research Fair, Virtual Conference.

Winner of the Student Poster Presentation Award

*Tasulis, V., & **Berry, D. R.**, (2021, February). *Adversity and altruism: Can difficult roads lead to beautiful destinations?* Poster presented at the annual meeting of the Society for Personality and Social Psychology, Virtual Conference.

*Tasulis, V., & **Berry, D. R.**, (2020, April). *Individual differences in empathy predict altruistic action* Poster accepted to the annual meeting of the Society for Affective Science, San Francisco, CA, USA.

*Tasulis, V., & **Berry, D. R.**, (2020, February). *Does dispositional mindfulness predict altruistic action?* Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA, USA.

*Rodriguez, K., Plascencia, I., & **Berry, D. R.** (2020, February). *Examining event-related potential responses during vicarious ostracism*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA, USA.

*Hoerr, J. P., & **Berry, D. R.** (2020, February). *Does mindfulness reduce parochial empathy? An event-related potential study*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA, USA.

*Musick, A., *Plascencia, I., & **Berry, D. R.** (2020, February). *Does mindfulness modulate empathic ERPs to physical and social pain?* Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA, USA.

*Rodriguez, K., & **Berry, D. R.** (2019, November). *The prosocial benefits of not turning away from others' pain: Evidence from event-related potentials*. Poster presented at the Southern California Conferences for Undergraduate Research, San Marcos, CA, USA.

*Mendez, D., *Zavala, D., **Berry, D. R.** (2019, May). *Dispositional mindfulness predicts lower parochial empathy*. Poster presented at the 31st Annual Convention of the Association for Psychological Science, Washington, DC, USA.

*Hoerr, J. P., & **Berry, D. R.**, (2019, February). *Does secular mindfulness training without ethical instruction increase prosocial action? A meta-analysis*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Portland, OR, USA.

- *Radloff, A. R., *Wall, C. S. J., *Johnston, J., & **Berry, D. R.** (2018, March). *Mindfulness meditation training modulates electrocortical and behavioral indicators of interracial prosociality*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA, USA.
- *Raldiris, T. L., **Berry D. R.**, Brown, K. W., & Britton, W. B. (2018, March). *How do focused attention vs. open monitoring meditation training compare in emotion regulation effect? An Event-Related Potential study*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA, USA.
- Berry, D. R.**, *Bustamante, D., & Brown., K. W. (2017, November). *Electroencephalographic evidence that mindfulness training dampens emotion sharing but increases approach orientation toward racial outgroup members' distress*. Poster presented at the 47th Annual Meeting of Society for Neuroscience, Washington D.C., USA.
- *Tubbs, J. D., **Berry, D. R.**, & Brown, K. W. (2016, April). *Abating prejudice with presence: Dispositional mindfulness increases interracial helping behavior*. Poster presented at the VCU Undergraduate Research Symposium, Richmond, VA, USA.
- *Wall C. J., *Plonski, P. E., **Berry, D. R.**, & Brown K. W. (2016, April). *Mindfulness dampens emotion sharing and promotes empathy in interracial contexts*. Poster presented at the VCU Undergraduate Research Symposium, Richmond, VA, USA.
- *Clements, S., Griffin, B. J., & **Berry D. R.**, Garthe, R., Worthington, E. L., jr. (2016, April). *Who intervenes in bullying situations? Mindfulness and the role it plays in bystander behavior*. Poster presented at the VCU Undergraduate Research Symposium, Richmond, VA, USA.

Colloquia (selected)

- Berry, D. R.** (2020, October). *Does mindfulness training promote prosocial behavior?* Social and Behavioral Research Group, Department of Psychology, University of Tennessee.
- Berry, D. R.** (2020, October). *Does mindfulness training promote prosocial behavior? Reflecting on my journey as a scientist and teacher at VCU*. Social Psychology Under Discussion, Department of Psychology, Virginia Commonwealth University.
- Berry, D. R.** (2018, November). *Brief mindfulness training increases prosociality toward racial outgroup members*. Brownbag Speaker Series, Department of Psychological Sciences, Northern Arizona University.
- Berry, D. R.** (2018, September). *Mindfulness training modulates attentional and affective event-related potentials to empathic stimuli*. Psychology Department Speaker Series, Department of Psychology, CSUSM.
- Berry, D. R.** (2016, October). *The benefits and boundary conditions of mindfulness in bystander helping interventions*. Social Psychology Under Discussion, Department of Psychology, VCU.
- Berry, D. R.** (2014, February). *Trait and induced mindfulness attenuate distress-related neural responses to social exclusion*. Positive Psychology Research Group Meeting, Department of Psychology, VCU.

SERVICE

Committees and leadership

2020 – Present	Chair, <i>Budget Committee</i> , College of Humanities, Arts, Behavioral and Social Sciences, CSUSM
2019 – Present	Director, <i>SONA Participant Pool</i> , Department of Psychology, CSUSM
2018 – Present	Committee Member, <i>Institutional Review Board</i> , CSUSM
2018 – Present	Co-Director, <i>Summer Undergraduate Research Experience Program</i> , Department of Psychology, CSUSM
2017 – Present	Member, <i>Mindful CSUSM</i> , CSUSM
2017 – Present	Co-Director, <i>Psychology Academic Resource Laboratory</i> , Department of Psychology, CSUSM
2018 – 2020	At Large Representative, <i>Budget Committee</i> , College of Humanities, Arts, Behavioral and Social Sciences, CSUSM
2018 – 2019	Coordinator, <i>Psychology Department Speaker Series</i> , Department of Psychology, CSUSM
2013 – 2015	Coordinator, <i>Social Psychology Under Discussion</i> , Department of Psychology, VCU
2013	Committee Member, <i>Collateral Faculty Search Committee</i> (3 hires), Department of Psychology, VCU
2010 – 2011	President, <i>Graduate Student Association for Psychology</i> , Department of Psychology, ETSU

Thesis and dissertation committees

Geneva Sanchez	Committee Member, Joint Doctor of Education in Education Leadership, Education Studies, UC San Diego/CSUSM (EdD conferred, 2021)
Grace Lee	Committee Member, <i>Determining the roles of maternal and peer interactions in the benefits of communal nesting</i> . Master of Arts in Psychological Science, Department of Psychology, CSUSM (MA conferred, 2021)
Rachel Pendakur	Committee Member, <i>Commitment contracts as motivators for intermittent Practice</i> . Master of Arts in Psychological Science, Department of Psychology, CSUSM (MA conferred, 2021)
Anna Behler	Committee Member, <i>When empathy only goes so far: development of a trait parochial empathy scale</i> . Doctor of Philosophy in Experimental Psychology, Department of Psychology, VCU (PhD conferred, 2019)
Charlene Andreason	Committee Member, <i>How popular media characters influence children's object choices</i> . Master of Arts in Psychological Science, Department of Psychology, CSUSM (MA conferred, 2019)
Casey Contreras	Committee Member, <i>Does a brief mindfulness induction buffer emotional and behavioral indicators of ostracism</i> . Master of Arts in Psychological Science, Department of Psychology, CSUSM (MA conferred, 2019)

- Natalie Gemmell Committee Member, *Comparing acute and long-term cortisol measurements and anxiety in preschoolers*. Master of Arts in Psychological Science, Department of Psychology, CSUSM (MA conferred, 2019)
- Caesar Chavez Committee Member, *Effects of MK-801 on methamphetamine reward-related ultrasonic vocalizations and locomotor behavior in rats*. Master of Arts in Psychological Science, Department of Psychology, CSUSM (MA conferred, 2019)
- Cody Jensen Committee Member, *Examining snake detection theory: Conscious and unconscious responses to snakes*. Master of Arts in Psychological Science, Department of Psychology, CSUSM (MA conferred, 2019)
- Jenny Lobos Committee Member, *Prenatal exposure to maternal acculturative stress: Effects on maternal cortisol and hypothalamic-pituitary-adrenal (HPA) axis reactivity in infants of Mexican descent*. Master of Arts in Psychological Science, Department of Psychology, CSUSM (MA conferred, 2018)
- Eva Urbina Committee Member, *The role of maternal cultural stressors in obesity-related outcomes at birth and four months of age*. Master of Arts in Psychological Science, Department of Psychology, CSUSM (MA conferred, 2018)
- Sydney Schabacker Committee Member, *Effects of labels on visual memory of objects at the superordinate and basic category levels*, Master of Arts in Psychological Science, Department of Psychology, CSUSM (thesis proposed, 2020)
- Zachary Varnam Committee Member, *We, the righteous few: Immoral actions of fellow partisans are judged as less possible*. Master of Arts in Psychological Science, Department of Psychology, CSUSM (thesis proposed, 2020)

Published media interviews

- Dolan, E. W. (2020, June). Mindfulness meditation training promotes prosocial behaviors even without ethical instructions. *PsyPost*, <https://www.psypost.org/2020/06/mindfulness-meditation-training-promotes-prosocial-behaviors-even-without-ethical-instructions-57150>
- Qadar, S. (2019, October). Meditation for the collective good. *All in the Mind*, (Podcast). Australian Broadcast Company. <https://www.abc.net.au/radionational/programs/allinthemind/>
- Suttie, J. (2018, July). Does mindfulness meditation really make you kinder? *Greater Good Magazine*, https://greatergood.berkeley.edu/article/item/does_mindfulness_meditation_really_make_you_kinder
- Ducharme, J. (2018, January). This one thing makes you a nicer person. *TIME Magazine*, <https://time.com/5096800/mindfulness-nicer-empathy/>

Ad hoc peer-review

Consciousness and Cognition, Current Psychology, Emotion, International Journal of Psychophysiology, Journal of Clinical Psychology, Journal of Cognitive Enhancement, Journal of Experimental Psychology: General, Mindfulness, Journal of Environmental Psychology, Journal of Occupational Health Psychology, National Science Foundation, Neurocomputing, Neuropsychologia, Neuroscience Letters, Personality and Social Psychology Review, Psychological Science, Social Psychological and Personality Science

AWARDS, RECOGNITIONS, AND SELECTED TRAININGS

2021	Reassigned Time for Exceptional Levels of Service to Students, Academic Senate, CSUSM
2020	Professors Going the Extra Mile (GEMs) During the Pandemic, College of Humanities, Arts, Behavioral and Social Sciences, CSUSM
2018	Department of Research Grant Proposal Development Pilot Program, California State University, Chancellor's Office
2016	Outstanding Graduate Student Teaching Award, Department of Psychology, VCU
2016	Outstanding Graduate Student in Social Psychology, Department of Psychology, VCU
2016	International Symposium of Contemplative Studies Student Scholarship (\$250)
2010	Student Poster Award for the 4 th Annual BCI Meeting
2010	Graduate Student Travel Grant for the 4 th Annual BCI Meeting (\$1000)

PROFESSIONAL MEMBERSHIPS

2013 – Present	Society for Affective Science
2011 – Present	Association for Psychological Science
2009 – Present	Society for Neuroscience
2009 – Present	Society for Personality and Social Psychology
2011 – 2013	Electroencephalography and Clinical Neuroscience